کدام گزینه بهتر از همه در 6 ماه گذشته، احساس و رفتار شما را توصیف می کند؟

<table>
<thead>
<tr>
<th>هرگز</th>
<th>تا حد در</th>
<th>باندی</th>
<th>هیچ‌گاه</th>
<th>هرگز</th>
<th>تا حد در</th>
<th>اغلب</th>
<th>همیشه</th>
<th>می‌تواند</th>
<th>تا حد در</th>
<th>اغلب</th>
<th>همیشه</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>تا پایان رسیدن کارها و انجام ریزه‌کاری‌های جدید مشکل است؟</td>
<td>2</td>
<td>تا پایان رسیدن کارها و انجام ریزه‌کاری‌های جدید مشکل است؟</td>
<td>3</td>
<td>تا خطر سپردن قرارداد ملاقات با تعهداتان دچار مشکل شد؟</td>
<td>4</td>
<td>تأخیر می‌انجامد؟</td>
<td>5</td>
<td>تا پایان برای رمان طولانی می‌شنیدند، دچار شده‌باش (لزوم رهایی) با یپ و تاب دادن دستها با پاهایتان می‌شود؟</td>
<td>6</td>
<td>تا پایان احساس می‌کنید بیش فعالیت و محیط به انجام دادن کاری هستید، مانند این که توسط موثری به حرکت درآمدید؟</td>
</tr>
</tbody>
</table>

با پاس‌فرآوان
Appendixes 2: Original manuscript of ASRS v1.1

Check the box that best describes how you have felt and conducted yourself over the past 6 months. Please give the completed questionnaire to your healthcare professional during your next appointment to discuss the results.

1. How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?
   Never  rarely  sometimes  often  very often

2. How often do you have difficulty getting things in order when you have to do a task that requires organization?
   Never  rarely  sometimes  often  very often

3. How often do you have problems remembering appointments or obligations?
   Never  rarely  sometimes  often  very often

4. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?
   Never  rarely  sometimes  often  very often

5. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?
   Never  rarely  sometimes  often  very often

6. How often do you feel overly active and compelled to do things, like you were driven by a motor?
   Never  rarely  sometimes  often  very often